

Activities Unlimited

Volume XXX Issue II

February, 2016

Activities Unlimited General Meeting Feb 9, 2016

1:00 PM at the WRC in Heneveld Hall

The entertainment for our February 9, 2016 AU General Meeting will be vocalist Dan Yates

Dan has been performing professionally as an actor and singer for over thirty years.

Some of Dan's many credits include: Raul in *Phantom of the Opera* at the Starlight Musical Theatre in Indianapolis; with Rainbow Theatricals in NJ Dan played Curly in *Oklahoma*, Billy Bigalow in *Carousel*, the Calif in *Kismet*, Frank in *Annie Get your Gun*, and Adam in *Seven Brides for Seven Brothers* to name a few.

Dan is a member of the Yates Musical Theatre for Children and has performed with them at the Paper Mill Playhouse, Westbury Music Fair, North Shore Music Theatre, PNC Arts Center, Oakdale Music Theatre, Cape Playhouse and many more.

He also teaches Speech and Theatre courses at Seton Hall University, Kean University and Caldwell College.

This is a performance you will not want to miss. Dan has a very powerful voice and is simply outstanding. Spouses are invited to attend.

Any questions please call
George Lewis 201-891-5883

Note from the President

We are never too old to set goals. It is a healthy thing to do. It keeps our mind active, and gives us a challenge. Some members have indicated that my goal to increase our membership number to 400 is setting the bar to high. Maybe it is, but it will be fun trying to achieve something that hasn't been done before in AU's history.

There is another goal I would like to see our club achieve. That is, let's have a Co-Chairman, or a backup person for each AU club. This would help our current Club Chairmen, while at the same time, getting other members involved. Today, these Chairmen have all the responsibility and do all the work. It would be great to give them some help and support. So, if you can, reach out and offer your assistance.

I am very pleased to announce that several members have already stepped up to meet this goal. We are not there yet, but we are well on our way. If you check the club listing in this newsletter, you will see the new backup names that have been added. This is what we have accomplished so far. It is a very positive sign. It will only help AU to function more smoothly.

Thanks for your continued support.

George Lewis, President

Meeting for "New" AU members

There will be a meeting for new members at 12:30 PM at the WRC (Memorial Room) on the main floor immediately preceding our monthly AU General Meeting. Even if a new member has attended a previous meeting, we would gladly welcome them back to keep them updated.

This is a great way to disseminate information to new members and allow them to ask questions. They can quickly learn more about AU, and its activities.

Please help spread the word to all new members, so we can help them enhance their AU experience. This provides a good opportunity to meet their fellow new members and a great start to making new friends.

George Lewis 201-891-5883

Please remember that WRC is a smoke-free environment. This includes E-Cigarettes.

	COMMITTEES		
AU Guys	John DeSantis	201-447-0256	
Book Club	Joe Clinton Vince Tortorelli	201-447-2261 201-447-3718	Wed after the AU General Meeting 9:30
Dup. Bridge Rub. Bridge	ED Foldessy Wes Cheringal	201-327-5767 201-848-8009	Wed 1 pm M,F 1 pm
Care-Concern	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
Chaplain	Rev Andy Kadzban	201-485-8589	
Chess	Bill Schultz	201-891-5327	3rd Thru 9:30
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 923-248-6625	1st Wed.10:00
Golf	Bruno Bissetta Bill Bryne	201-891-7567 201-447-5064	Tuesday Thursday
Hiking	Don Kirkpatrick Rick Sneyers	201-337-5666 923-248-6625	Mon 9:00
Historian	Dom Manobianco Victor Pizzolato	201-891-7185 201-612-0038	
History	Pablo Catangay	201-684-1217	
Investment	Al Connelly Herb Umland	973-616-0755 201-891-6638	Thru after the AU General Meeting 9:30
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri	201-847-1981	
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photographer	OPEN		
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	3rd Fri 9:30
Refreshments	Jim Forbes Howard Vogel	201-825-0523 201-612-2237	
Science	Jack Yurasek	201-337-4433	3rd Tues 10.00
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Don Kirkpatrick John Abrahamsen	201-337-5666 201-848-8037	2nd Tues. 9:00 4th Tues. 9:00
Tennis	Dom Manobianco Dave Burleigh	201-891-7185 201-485-8923	MWF
Transport.	Frank Nusspickel NEW	201-891-9099	
Trips/Tours	Lou Guarneri Don Wasson	201-847-1981 201-891-1873	2nd Tues 10:30
Web-Master	Don Kirkpatrick	201-337-5666	

	OFFICES		MEETING
President	George Lewis	201-891-5883	2nd Tue 1am
1st Vice-Pres.	Tom Butler	201-934-8161	
2nd VicePres.	Jim Webb	201-337-7982	
Secretary	Edwin Schlachman	973-423-1459	
Treasurer	Mike Hurd	201-891-1374	
Asst. Treas.	Mark Cohen	201-337-4198	



Duplicate Bridge Results

		1st	2nd	3rd
12/30	NS	Mahmarian/Page	Freimuth/Rock	---
	EW	Boylan/Wiest	Lewis/Peck Foley/Meloro	
1/6	NS	Foldessy/Meloro	Gattoni/Wiest	---
	EW	Mahmarian/Milcos	Foley/Rock Hulit/Smith	
1/13	NS	Gilpatrick/Wong	Anad/Gattoni	Martin/Rock
	EW	Meloro/Smith	Foldessy/Warner	McAdam/Milcos
1/20	NS	Martin/Riccardi	Wiest/Wong	Meloro/Page
	EW	Lewis/Rock	Freimuth/Smith	Foley/Christie

A recap of the key aspects of the Boiling Springs Savings Bank CAP Program:

- There is NO cost to you to participate in the program. It is a wonderful way to help the organization without ANY cost to you personally. This program is the main reason that AU has not found it necessary to increase membership dues in 2016!
- We are listed as "Wyckoff Reformed Church--Activities Unlimited in this program (refer to Program 287..that is the AU number)
- There is a minimum number of bank customers designating AU as their Community Action Partner for AU to participate in the program.
- The bank pays interest on your accounts. You receive the published rate just like every other customer. AU receives a donation from the bank ranging from .1% to .5% (per annum rates) without any deduction from your earnings!
- This is a program based on trust.....we are not told who is participating nor are we aware of how much money you have on deposit or on loan at the bank.

In addition to checking and savings accounts, AU benefits from IRAs, Money Market Accounts, and new loans for mortgages or Home Equity Lines

The Boiling Springs program is unique to that bank. We have very recently received the approval we needed from the Wyckoff Reformed Church to work with TD Bank in their program which will be explained in detail once the program is in effect. It is different from the BSSB program but potentially as important to AU!

**The deadline for March, 2016 Newsletter articles is 5 PM Feb 22, 2016. When submitting articles please use font: Times New Roman 11 pt. (not bold).
Email: lguarneri03@gmail.com
Or mail to: Lou Guarneri
128 MacLeish Court
Mahwah, NJ 07430**

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Das G Jadu (Sipra)	28 Duck Pond Ln Ramsey, NJ 07446	Management	Bridge, Chess, Gardening, Investments, T&T and Tennis	609-284-0344 jgdas20@gmail.com
Vito Puppels (Maria)	198 Paterson Ave Midland Park, NJ 07432	Law Enforcement	Book Club, Discussion Group and Historian	H: 201-857-3521 C: 917-517-1937 detvp@aol.com
Arie Spence (Dina)	796 Albemarle St Wyckoff, NJ 07481	Executive	Bridge, and Hiking	H: 201-847-9747 C: 201-694-2071 ariespence15@gmail.com



The History Club

In January, we discussed **Gun Control: Myths and Realities**. The debate over gun control in the United States waxed and waned over the years. It is a moral outrage and a national dishonor that people can legally purchase weapons fashioned specifically to kill with brutal speed and efficiency. The majority of the American public favors stricter gun control laws and a ban on assault weapons and thinks such measures would help to prevent gun violence. Yet opinions diverge sharply along party lines and among those who owns guns.

The second Amendment of the US Constitution states: "A well-regulated Militia, being necessary to the security of a free state, the right of the people to keep and bear arms, shall not be infringed. A number of gun advocates consider ownership a birthright and an essential part of the nation's heritage.

The United States, with less than 5 percent of the world's population, has about 35-50 percent of the world's civilian-owned guns, according to a 2007 report by Switzerland-based Small Arms Survey. It ranks number one in firearms per capita. The United States also has the highest homicide-by-firearm rate among the world's most developed nations.

Pablo- [201-684-1217](tel:201-684-1217)

The History Club Meeting will be on Monday, February 22 at 1 PM to be held in the Memorial room, first level. The topic is "A Little Bit of Middle Ages History." Speaker is **Walt Widmer**. Hope to see you.

Pablo-201-684-1217

Obituaries

John Verdi, a long time member of AU past away on January 1, 2016.

Armand Durante, past away on January 20, 2016 at the age of 95.

Proposed Amendment to AU By-Laws

The Executive Board has approved the following amendment to the By Laws of Activities Unlimited to be submitted to the membership for a vote. The amended wording is underscored below.

By-Laws, Article VIII, Section 5.

Any member **in good standing as of December 31, 2015 and** who attains the age of 90 by January 1 of the membership year is no longer required to pay annual dues. **Members joining after December 31, 2015 and reaching the age of 90 or more will continue to pay the then established annual dues.**

Background:

AU is fortunate that an ever increasing number of our members remain active in their nineties and beyond. We can estimate that, in the future, continuing to exempt a larger number of such members from paying annual dues would adversely affect the revenue needed to support AU activities. In such case, an increased amount of annual dues would be required of all other members. The policy of exempting members 90 and older from annual dues will continue for all members in good standing as of December 31, 2015. It is anticipated that a membership vote on the amendment will be taken at the April General Membership meeting, which follows publishing the proposed amendment in two issues of the AU Newsletter,

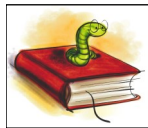
Food Pantry

At the January meeting \$277.00 was collected for the food pantry.

Membership Dues

We have made significant progress in the 2016 dues collection program so a big "Thank You" and welcome back to all of our friends and neighbors for sending those checks in. If you are one of the few that still haven't gotten around to sending that check out, please send your \$50 payment to:

Mike Hurd
470 Wyckoff Avenue
Wyckoff, New Jersey 07481



The Book Club

Books for February:

- * IT IS ABOUT ISLAM - Glenn Beck
- * HOW TO WIN A COSMIC WAR - Reza Aslam
- * A TIME TO KILL - John Grisham

QUARTET (Joseph Ellis) recommended by **Jerry Hulit**, tells the suspenseful story of how the "Quartet" of Washington, Hamilton, Madison and John Jay helped transform our country from a confederation of 13 independent states to a single nation under the Constitution. Their greatest obstacle was the distrust the people at that time had in a strong central government they considered irrelevant to their very local lives.....TRUE NORTH (Bill George) recommended by **Joe Pullaro**, examines the traits that make a good leader. The author illustrates his points using examples of very successful people.....JUST MERCY (Bryan Stevenson) introduced by **George Ekel** highlights many failures of our justice system. Areas highlighted include: mandatory life sentences for children, the cruelty of solitary confinement, disproportionate sentencing for blacks, "tougher" sentencing by judges who are elected vs those appointed, large number of prison population with mental illness, inferior legal representation for poor people. A fascinating book. Much to ponder over.

Books for March:

- * MAYFLOWER - Nathaniel Philbrick
- * ROAD ENDS - Mary Lawson
- * GHETTOSIDE - Jill Leovy

Our next meeting is February 10, 2016.

AU members are invited to come to our meetings, whether or not you have read any of the books. Enjoy the discussions.

Joe Clinton
bhagan185@aol.com

AU Duplicate Bridge Final Standings: 2nd Half 2015

		Weeks	Match Points	Maximum	
	Player	Played	Scored	Possible Points	Percent
Harold	Mahmarian	22	1493.0	2725	54.79
Arie	Spence	21	1437.0	2672	53.78
John	Gilpatrick	15	1013.5	1886	53.74
Quent	Wiest	26	1702.5	3197	53.25
Lee	Warner	25	1660.0	3124	53.14
Bill	Smith	24	1573.0	2968	53.00
George	Lewis	20	1285.0	2443	52.60
Neil	Boylan	15	974.5	1857	52.48
Dick	Freimuth	25	1609.5	3072	52.39
Joe	Riccardi	18	1185.5	2273	52.16
Gerry	Hulit	19	1228.0	2367	51.88
Joe	MacDougall	26	1651.0	3188	51.79
Tom	Meloro	22	1340.5	2636	50.85
Bob	Yampell	20	1167.5	2296	50.85
Bob	Desrosiers	16	876.5	1732	50.61
Don	Martin	23	1364.5	2738	49.84
Brij	Anand	15	945.0	1916	49.32
Dick	Gattoni	26	1631.0	3326	49.04
Bill	Milcos	23	1388.5	2844	48.82
Ed	Zelhof	23	1349.0	2819	47.85
John	Hausman	15	817.0	1708	47.83
Ed	Wong	15	933.0	1953	47.77
Jack	Coughlin	22	1285.5	2698	47.65
Charlie	Page	25	1504.5	3165	47.54
Paul	Levin	21	1209.0	2569	47.06
Art	Rock	19	1099.5	2363	46.53
Wally	Lubicich	16	860.5	1893	45.46
Charlie	Christie	22	1270.5	2847	44.63

Based on a minimum of 14 weeks played.



Science

The Science Club

At the February 16, 2016 (10AM) meeting, Murray Perl will speak to us on 'Maintaining Balance in Space'. He had prepared the presentation for NASA. It should be interesting.

Dr. Ligresti had to reschedule his talk on the State of the Art for management of Barrett's Esophagus Disease. He will speak to us at the March meeting, 1:00 pm on Tuesday, March 15, 2016. Several people have had family members and friends with various stages of this disease, and it should be of interest to all. Please note the meeting is 1 pm to accommodate the Doctor's schedule.

In April, I will present a DVD on Einstein's 'Big Idea', the famous "E=MC squared" equation. It also reviews his early development of Relativity.

Thanks to all who helped this past year with our activities, making presentations, arranging trips, setting up A/V equipment, making announcements at General Meetings, and keeping records.

Since there was not sufficient interest in a return trip to the Museum of Natural History NY at this time--we will consider a Car Pool trip in the spring. A new exhibit on Dinosaurs is opening, featuring the Titanosaurus, the fossils of which were found in the Patagonian Desert in Argentina in 2014.

We are always trying to improve the club, and in September we asked for recommendations. The idea of employing DVDs, with supplemental material by the speaker, was agreed to be probably the best method to reduce effort and obtain additional volunteers from our group. Also, we should consider two short talks at a meeting.

Finally, thank you to our Co-Chairmen, **Ed Schlachman** and **Bob Talan**, as well as **Don Fairbairn** who has done our Attendance Records and Member contacts.

Jack Yurasek (201-337-4433) Email--JYURASEK@AOL.COM





Investment Study Group

Investment Study Group * Field Trip to the Online Trading Academy Jan. 14th 2016.

We car pooled to the Online Trading Academy (OTA) in Ridgefield Park for a presentation on trading strategies and the markets in which to apply them. The OTA approach is a technical methodology with emphasis on reading the candlestick patterns on stock chart. From the patterns they identify “supply” & “demand” zones. From “demand” zones their technique is to go long. From “supply” zones they go short. Some “take a-ways”:

- Always have a trading plan and follow it. You will evolve the plan with experience and changing markets
- Always have a “stop loss order” in on all positions, short and long. Don't have groundless hope.
- Have an “in the money” sell point as well. Don't be greedy.
- Having plan is good no matter what your trading/investment methodology.

OTA told us of other markets besides stocks that are good for trading: Forex, Futures, & Options.

The OTA techniques emphasize trading with a focus on how an asset is moving in its market. Knowing more about the asset class, the overall market, and the world is always useful.

OTA has a relationship with TradeStation that has a trading platform direct to the trading floors. Most brokerage platforms are buffer between you and the floor so they are slower and thus not good for day-trading.



The Hiking Club

A Chilly brisk windy Monday hike started through the Meadowlands with a brilliant sunny January day in 2016! We also toured the Meadowlands Environmental center learning about the various visiting birds and Eco systems built upon the old landfill areas.

Well the high point of the day, was a first visit for many of our hearty group to the Famous Rutts Hutt in Clifton. Here we were led by Werner in a toast, PROAST !! And you can see **Don Fairburn** at the head of the table was enjoying the beer with a famous "Ripper" hot dog with mustard-relish!



Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP don't wait till it's too late.

THURSDAY, FEBRUARY 4, 2016---Mardi Gras Luncheon at the Brownstone, Paterson, 11AM-3PM.

Let's party with the "GB's Band" well known for their **BIG EASY NEW ORLEAN'S** sound. If you love dancing, this is the place to be. All are invited to join the "Saints Parade". Great food, music, and laughs with comedian, Joey Vincent. Menu includes 2 Comp Drinks, Salad, Chicken Gumbo Soup, Pot Roast, BBQ Chicken, Vegetable, Potato, Dessert, Coffee, Tea and Soda. Make your check for \$47.00 pp, which includes gratuities, payable to:

"Activities Unlimited" and sent directly to:

Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430. Tel. 201-529-4784.

TUESDAY, MARCH 29, 2016 – Mount Airy Casino — Matinee Show, buffet lunch and tickets to the Kid Kyle Doo Wop show at 1:00 pm. You will enjoy this high energy show featuring all the music from the 50's and 60's that you know and love like "Why Do Fools Fall In Love", "I'm So Young", "Goody Goody", "Dream Lover" and so many more. Mount Airy gives \$20 of slot play per person; government issued photo ID is required. Bus leaves the WRC at 9:00 am returning about 6:00pm. Make your check for \$60.00 per person payable to "Activities Unlimited" and sent directly to: **Douglas Cooper, 15 David Alan Way, Montville, NJ 07045.**

Tel 908-907-1112 or email dcoop1025@yahoo.com.

FRIDAY, APRIL 22-25, 2016 — 4 Day Trip To Virginia Beach. CANCELED

THURSDAY, April 28, 2016 — NEW YORK BOTANICAL GARDEN. We will see the Orchid Show first followed by a 1 hour Guided Tram Tour of Gardens, Lilacs and Daffodils should be in bloom. This will be followed by a lunch at Mario's Restaurant on Arthur Ave. The menu will consist of Salad, Penna Marinara, choice of entrée [**Veal Parmigiana, Chicken Francese or Filet of Sole Scampi style**], served with Vegetables, Mini Pastries and Coffee. There will be two wines per table. Entrees must be preselected prior to trip (**please include your choice with your check**), a color coded ticket will be issued for your choice. We will make some time for shopping on Arthur Avenue after lunch. We are using a 49 passenger bus so we will limit participation to 45 or 46 people. The bus will leave the Wyckoff Reformed Church at 8:45. for Botanical Garden. The cost is \$80. per participant. Please send your check made out to Activities Unlimited directly to: **Dick Botta 413-1D Bromley Place, Wyckoff, NJ 07481. 201-848-9001**

TUESDAY MAY 10, 2016 AU Luncheon at Indian Trails

JUNE Men's Beefsteak Dinner

JULY 13, 14 & 15, 2016: AMISH COUNTRY TOUR, 3 days, 2 nights. Includes the Show Samson @ the Sights & Sounds Theater in Lancaster, PA & a visit to the Strasburg Museum RR Station & a Train Ride. A guided Tour of the Amish Countryside including a Smorgasbord Dinner at the Shady Maple. 2 nights lodging, Dinners, Bus & Gratuities. Bus leaves WRC at 8:30 am on July 13. Cost \$360. pp. Make checks payable to "Activities Unlimited" and mail to: **Larry Restieri, 105 Fisher Rd. Mahwah, NJ 07430, Tel: 201-825-5843**

THURSDAY, August 18, 2016 - Viva Las Vegas at the Stony Hill Inn, Hackensack, "The King is Back and Better than Ever!" Join us for a special tribute to "Elvis", plus the Joe Zisa Band along with their great Las Vegas Review. Family style luncheon (three entries), two comp drinks, salad, dessert, coffee, tea, soda. Show starts at 11am and ends at 3pm. Your check for \$47.00 pp should be made payable to Activities Unlimited and sent to:

Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430. Tel. 201-891-1873. Dance, dine and enjoy an exciting afternoon. **Don't be left out. Send your checks in ASAP.**

SEPT Wine Tasting party

THURSDAY, October 6th- German Festival- Ehrhardt's -Hawley, Pa. Tap your toes or sing along to the Joe Lastovica Band playing a spirited mix of German music, old favorites and contemporary classics. Heidi the Bavarian Beer Girl will be back along with Marty Keller and his Alpine Horn & Bavarian act. The fun never stops. Trip includes Transportation, Dinner, Dancing and German Show. Bus leaves WRC at 8:30am and departs Ehrhardt's at 3:30pm. Coffee and Apple Streusel cake on arrival. Strudel making demo. Open Bar (beer, wine, soda). Family Style German Meal (3 entries) and Apple Strudel a la Mode. **Cost of trip is \$60 pp.** Send your check payable to Activities Unlimited to **Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430.** Questions contact Don at 201-891-1873.

November—Theater

December—Christmas Party



First-Class Mail